

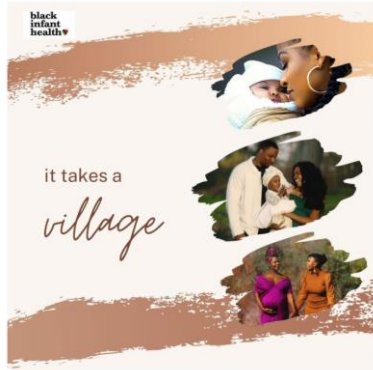
# Sharing to Social Media

DOWNLOAD MATERIALS (Visit <https://www.maternalhealthnetworksb.com/provider-resources>)

Scroll down to the "Black Maternal Health Equity Campaign Social Media Toolkit" section → Click on the image you would like to share to open it → Select and **copy the caption** → **Download and save the image** to your computer or mobile device.



Download Button



Rallying Around Sisters: Redefining & Strengthening the Village, the movement throughout the Inland Empire where Black women and their villages are supported, empowered, and educated throughout the maternal health journey.

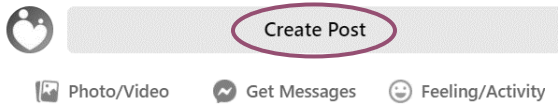
Redefine and strengthen the birthing experience by being equipped with the tools to rally around SISTERS through the Black Infant Health Program!

Discover more via the link in @SBCountyDPH's bio.  
#IamHeard #IamSupported #DadsWeNeedYou #MyVillageCares  
#BlackInfantHealth #MHN2021Summit

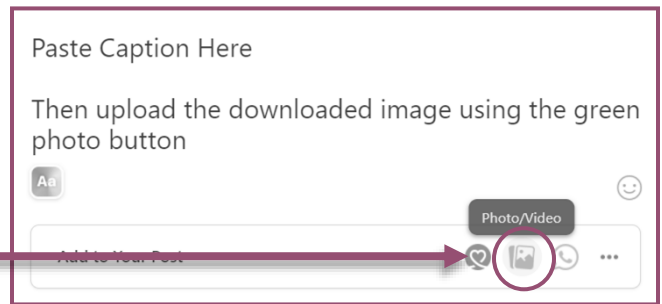
Copy/Paste Caption

## POST TO FACEBOOK (Via Computer)

Open Facebook → Create a **new post** → **Paste the caption** → **Select and upload the image** → **Post**



Upload Image

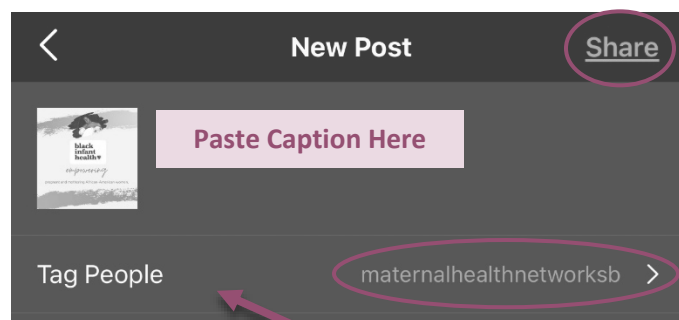


## POST TO INSTAGRAM (Mobile Only)

Open Instagram → Create **new post** using the plus icon in the top right → **Select the image** from your library → **Paste the caption** into the body → **Tag @MaternalHealthNetworkSB** → **Share**



Create New Post



Tag MHN

