

# About

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[www.cabwhp.org](http://www.cabwhp.org)

# California Black Women's Health Project

## Who We Are

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California Black Women's Health Project (CABWHP), is the first 501(c)(3) non-profit organization solely dedicated to improving the health of California's Black women and girls through advocacy, education, policy and outreach.

## Our Mission

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We are committed to advocating for policies and practices that promote and improve physical, spiritual, and emotional well-being of the 1.2 million Black women and girls in California.

## Our Vision

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We believe a healthier future is possible when women are empowered to make choices in an environment where equal access and health justice are community priorities.

## Why We Serve

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Our work is critically necessary to address the complex factors that predispose, or create risk for disease, depressive disorders, physical and emotional injury, and other conditions that exacerbate poor health in Black women and girls.

## Who We Serve

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CABWHP's target population is 95% African-American and 5% African, Afro-Latino, and Afro-Caribbean women and girls. With an intergenerational approach we proudly Black women ages 14 and up from diverse socioeconomic, educational, professional, gender non-conforming, and faith backgrounds.



## Where We Serve

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*Los Angeles*

*Alameda*

*San Bernardino*

*Sacramento*

*Riverside*

# *Our Story*

California Black Women's Health Project was created as a chapter of the National Black Women's Health Project (today known as Black Women's Health Imperative). Founded in 1994, and incorporated in 1997, CABWHP was birthed out of the need to amplify the missing voices of Black women in the larger women's health advocacy community.

A few years after its inception, CABWHP formed "The Well," a women's self-help resource center offering culturally centered resources and wellness activities on the first floor of a low-income housing complex in South Central Los Angeles, which served over 6,000 women during its operation. CABWHP also conducted a groundbreaking, statewide study which assessed the health needs of 1,400 Black women — the first study of its kind. We amplified the voices of Black women to educate the public and policymakers to help eliminate gender and racial inequities in health status.

Today, CABWHP continues to train and mobilize Black women, and educate policymakers to actively address the inequities in Black women's mental, emotional, and physical health. CABWHP operates with the strength of several volunteers throughout the state, whose ongoing support serves as the lifeblood of the organization. We strive to provide the safe space for Black women to speak to us, so that they can speak through us.

