

MATERNAL HEALTH PLEDGE

Improving the well-being of mothers, infants, and children is an important public health goal for the United States. Their well-being determines the health of the next generation and can help predict future public health challenges for families, communities, and the health care system. The risk of maternal and infant mortality and pregnancy-related complications can be reduced by increasing access to quality preconception (before pregnancy), prenatal (during pregnancy), and interconception (between pregnancies) care.

DARE TO STAND FOR PATIENT-CENTERED CARE!

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I pledge to create a **SAFE** and **SECURE** environment that is **SILENT OF THE BIASES** that have been normalized in our communities; an environment that allows birthing families to advocate for themselves and their baby in care and treatment; an environment that is **SUPPORTIVE** and respectful to the birthing process and the family.

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I pledge to embody **TRUST** in the birthing person while implementing agency care; to participate in the **TRANSFORMATION** of practice to the point that cultural competency, congruency, humility, accountability, and integrity are social norms.

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I pledge to be **AWARE** of and **ACKNOWLEDGE** biases, blind spots, and cultural insensitivity; to **ACCEPT** and **ADHERE** to the Black Birthing Billing of Rights:

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I pledge to **NOTICE** and respond to the **NEEDS** of the birthing person as an individual; to aid in **NAVIGATING** local resources.

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I pledge to embrace **DIVERSITY** of practice and practitioners in care, and to deescalate as a first response to patient challenges.

The maternal mortality rate for Black women in 2019 was 44 deaths per 100,000 live births - about 2.5 times the rate for white woman, according to the CDC.



I TAKE A STAND FOR PATIENT CENTERED CARE!

