



Riverside University Health System's Black Infant Health Program

Black Infant Health Mission: "Empowering African American women, infants and families for a Healthier Tomorrow!"

Program eligibility:

- ✓ Self Identifies as African American;
- ✓ 16 years of age or older;
- ✓ Be currently Pregnant or up to 6 months Postpartum; &
- ✓ Live in Riverside County

Free Services Include:

- Support group sessions
 - 10 sessions for pregnant women, followed by
 - 10 sessions for new moms
- Case Management
- Individual life planning
- Public Health Nurse and Social Worker on staff
- Family Wellness referrals
- Resources & infant items
- Transportation Services

For more Information Call:
(951) 210-1385



**black
infant
health**
Empowering Program and Supporting
African American Women

**Riverside
University
HEALTH SYSTEM**
Public Health