**Creating Your Birth Preference List**

*Community Education Presentation*

**Presenter’s Agenda**

**Insert Date of Presentation**

**Insert Time of Presentation**

**Insert Location Information**

|  |  |  |
| --- | --- | --- |
| Timing | Topic | Description |
| 5 minutes | **Welcome, Introduction & Overview of Agenda** | * Introduce self, organization, and experience with topic
* Review the three key ideas that attendees will know at the end of the presentation
* Briefly review the agenda or timing
 |
| 12 minutes | **Presentation of Information** | * Provide information focusing on the three key ideas:
	+ Planning with your provider
	+ The birth environment
	+ Flexibility and being prepared for changes
 |
| 5 minutes | **Engagement Activity** | * **Think-Pair-Share**: What are you already doing to prepare for labor and birth?
* **Group Discussion:** Is there anything you heard today that you may want to include in your birth preference list?
* **Reflection:** Based on today’s presentation, is there anything you want to discuss with your provider about your birth preferences?
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| 5 minutes | **Questions** | * Participants pose questions and the presenter responds
 |
| 3 minutes  | **Closing** | * Presenter thanks the attendees and provides additional resources regarding the topic
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This information is made available in part by support from the Maternal Health Network of San Bernardino County.

Published 2022. To learn more about the MHN, please visit our website at <https://www.maternalhealthnetworksb.com/>