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**[Insert Date and Time]**

Please join us to learn a little bit about creating your birth preference list. The gathering will provide useful information and an opportunity to discuss the following topics:

* Planning with your provider
* The birth environment
* Flexibility and being prepared for changes

**Creating Your Birth Preference List**

*If you or someone you know would like support with [insert relevant topic], please call* ***[insert resource name & contact information].***

**Presented by [name], [organization]**

Insert two sentence biography of subject matter expert.

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**Insert Logo and/or Picture of Presenter**