**Preparation for Conception, Pregnancy and Delivery**

*Community Education Presentation*

**Presenter’s Agenda**

**Insert Date of Presentation**

**Insert Time of Presentation**

**Insert Location Information**

|  |  |  |
| --- | --- | --- |
| Timing | Topic | Description |
| 5 minutes | **Welcome, Introduction & Overview of Agenda** | * Introduce self, organization, and experience with topic
* Review the three key ideas that attendees will know at the end of the presentation
* Briefly review the agenda or timing
 |
| 10 minutes | **Presentation of Information** | * Provide information focusing on the three key ideas:
	+ Preparing to get pregnant
	+ Ensuring you have a healthy pregnancy
	+ Getting ready for labor and delivery
 |
| 6 minutes | **Engagement Activity** | * **Think-Pair-Share**: What is one thing you plan to do over the next 30 days based on what you learned today?
* **Group Discussion:** Was there anything you learned today that you hadn’t considered and found particularly helpful?
* **Reflection:** Who will you reach out to if you have questions or need assistance with preparing for pregnancy or delivery?
 |
| 4 minutes | **Local Resources** | * Facilitator shares some local resources that are available
 |
| 5 minutes  | **Wrap-Up** | * Participants pose questions and the presenter responds
* Presenter thanks the attendees and concludes the gathering
 |

****

This information is made available in part by support from the Maternal Health Network of San Bernardino County.

Published in 2022. To learn more about the MHN, please visit our website at [www.maternalhealthnetworksb.com](http://www.maternalhealthnetworksb.com).