



## Preschool Services Early Head Start

*To improve the well-being of children, empower families & strengthen communities*

# FREE

## Services to Pregnant Mothers

- One-on-one Visits with a Registered Nurse
- Maternal and Fetal Growth and Development Education
- Childbirth Preparation
- Postpartum Care

**CONTACT**  
**(909) 383-2078**

Services provided in collaboration with the San Bernardino County Department of Behavioral Health and funded by the Mental Health Services Act (Proposition 63).

