

Calling 2-1-1 will get you connected to a specialist who can assist you with community resources such as:



- Housing, Food, and Utilities
- Healthcare for Dental, Medical, and Mental Health Needs
- MediCal, CalFresh, and Low-Cost Internet
- Legal Aid
- Education & Employment Supports
- Peer Support

The 2-1-1 Reentry team can provide you with ongoing support throughout your pregnancy.

Contact: (909) 204-6188

Email: reentry@iscuw.org

MEDI-CAL INSURANCE AND ENHANCED CARE MANAGEMENT (ECM):

Whole person care to help community members access and manage medical, behavioral, developmental and social services.

Inland Empire Health Plan (IEHP) ECM

Contact: (800) 440-4347, Monday - Friday, 8am - 5pm

Website & Referral Form (scroll down for form):

tinyurl.com/IEHP-REFERRAL

Programs and Services: tinyurl.com/IEHP-ECMP

Kaiser ECM

Contact: (800) 557-4515, Monday - Friday, 8am - 5pm

Website: tinyurl.com/KP-WEB

Referral form: tinyurl.com/KP-REFERRAL

Justice-Involved Liason: Ji-Liaison@kp.org or call 626-405-5386

Molina ECM

Contact: (888) 665-4621, Monday - Friday, 7am - 7pm

Website: tinyurl.com/MHC-WEB

ReferralForm: tinyurl.com/MHC-REFERRAL



Maternal Health Network of San Bernardino County

Developed in partnership with:

the Maternal Health Network of San Bernardino County, San Bernardino County Sheriff's Department, and Inland Southern California United Way 211+

For more information about the MHN, please visit our website at:



Website

www.maternalhealthnetworksb.com



Scan QR code or visit:
tinyurl.com/MHN-SBC-PS

For more resources to support women and birthing families



Maternal Health Network of San Bernardino County



Need support to help with your pregnancy?

Pregnancy & Postpartum Support

Look inside to see what is available...

- ♥ **Medical Services**
- ♥ **Nutrition Supports**
- ♥ **Basic Needs Assistance**
- ♥ **& Other Helpful Services**

www.maternalhealthnetworksb.com



MEDICAL SERVICES

Arrowhead Regional Medical Center (ARMC)

Location: Colton, CA

Contact: (855) 422-8029, Monday - Friday, 7:30am - 5:00pm

Ask for: Obstetrics, Gynecology, or Maternal Fetal Medicine

Services: Medical insurance enrollment, prenatal and postpartum health care, social services, mental health services, and breastfeeding assistance

tinyurl.com/ARMC-MH

Loma Linda University Health

Location: Loma Linda, CA

Contact: (877) 558-6248, Open 24 hours a day

Services: Medical insurance enrollment, prenatal and postpartum health care, social services, mental health services, and breastfeeding assistance

tinyurl.com/LLU-WH

Providence St. Mary Medical Center

Location: Apple Valley, CA

Contact: (760) 946-6635, Open 24 hrs a day

Services: Labor & Delivery, childbirth and breastfeeding classes, and a level III NICU care unit

tinyurl.com/P-SM-MC

Community Health Association Inland Southern Region (CHAISR)

Contact: (909) 566-2555, Monday - Friday, 8:00am - 5:00pm

Services: Identifying a health clinic close to you throughout the Inland Empire.

tinyurl.com/CLINIC-SEARCH

ADDITIONAL SUPPORTS

Olive Crest

Contact: (800) 550-24453, Call 24 hours a day

Services: Safe Families Intake Specialist to help with foster care, adoption, family support services, respite, and transitional housing

tinyurl.com/OliveCrestWeb

BASIC NEEDS : FOOD, HOUSING, ACCESS



A Better Way: Victor Valley Domestic Violence

Location: Victorville, CA

Contact: (760) 955-8723, Call 24 hours a day

Services: Classes, shelter, Temporary Restraining Order support, and DV advocacy

tinyurl.com/SBC-ABW-VVDV

Family Assistance Program

Location: Victorville, CA

Contact: (909) 833-9941, Call 24 hours a day

Services: Housing, food access, rental assistance, and domestic violence services

tinyurl.com/SBC-FAP

Option House (Domestic Violence Shelter)

Location: San Bernardino, CA

Contact: (909) 383-1602, Monday - Friday, 8:00am - 5:00pm

Services: 45-Day emergency crisis shelter for survivors of domestic and family violence, restraining order support, legal assistance, and counseling support

tinyurl.com/OPINC-MHN

Time For Change Foundation

Location: San Bernardino, CA

Contact: (909) 886-2994, Monday - Friday 8:30am - 5:30pm

Services: Shared housing for women and children, and parenting classes

tinyurl.com/TFCF-MH

Justice Impacted?

For more help during your pregnancy, call a 2-1-1 Reentry Specialist at **909-204-6188**. Ask about transportation assistance to help you get to your appointments, gas, work clothing, and career support.

Community Action Partners of

San Bernardino County

Contact: (909) 723-1500, Monday - Friday, 8:00am - 5:00pm

Services: Family Assistance Program Specialist who can support with food access, rent, and utility assistance

tinyurl.com/CAP-ORG-SBC

Mary's Mercy Center: Mary's Haven

Location: San Bernardino, CA

Contact: (909) 889-2558, Monday - Thursday, 8:30am - 3:30pm

Services: Transitional housing program for pregnant women experiencing domestic violence, substance abuse, or homelessness

tinyurl.com/SBC-MMC-MH

Symba Center

Location: Victorville, CA

Contact: (760) 515-2464, Monday - Friday, 8:00am - 5:00pm

Services: Housing services, primary healthcare, behavioral health, housing deposits, and substance use counseling

tinyurl.com/SBC-SEARCH

Women, Infants, and Children (WIC)

Location: San Bernardino, CA

Contact: (800) 472-2321, Monday - Thursday, 7:30am - 5:00pm, Friday, 7:30am - 4:00pm

Services: Food and nutrition assistance, breastfeeding education, referrals to other community resources, and more

tinyurl.com/WIC-SBC-GOV

Sankofa Birthworkers Community Doula Program

Services: Free doula support services for pregnant Black women residing in Riverside and San Bernardino Counties

tinyurl.com/SankofaBWCDoulaEnrollment

San Bernardino County Behavioral Health

Contact: (888) 743-1478, Call 24 hours a day, Free and confidential.

Services: Mental health, substance use, crisis walk-in, as well as homelessness services

tinyurl.com/SBC-BH